

*A World of Sophisticated Journeys and Retreats*

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## Beach Front Wellness: Costa Rica

Available 2010-2011



Located on a 150 acre private beachfront reserve on the southern Nicoya Peninsula on the Pacific Coast, this resort offers the intimacy of a boutique beach resort amid expansive natural surroundings.

Enjoy a variety of scenery from thick jungle to the calm waves of the Gulf of Nicoya and favorable year round weather conditions. Manicured grounds and fine accommodations blend with exuberant jungle vegetation that is home to exotic birds and animals, creating the perfect balance of nature and refinement. Here you will encounter a living community with a pulse that beats in time with its natural surroundings and the rhythm of the constantly breaking Pacific waves.

The resort consists of 35 rooms and suites ranging from beachfront rooms to larger suites and private villas. The intimate and attractive surroundings make it a popular location for romantic breaks, honeymoons and anniversaries. This property provides special touches to make the occasion truly memorable a sunset cruise, special gifts, flowers and a romantic dinner on the beach.

Friends and groups like to visit this resort so they can have fun without being lost in a crowd. It offers a safe, secure environment with activities ranging from enjoying the beach, pool and horseback riding to exploring the nature trail and waterfall, snorkeling, seeing birds and animals on site and learning about the environment on a nature tour.



## Beach Front Rooms

Enjoy your view of the Pacific Ocean from its own private balcony. These rooms feature 2 queen size beds, tropical style furniture, air conditioning and ceiling fans, fully equipped mini-bar, coffee maker, private bath with hot water and large shower, safe deposit box, satellite TV and telephone.

These oversized hotel rooms are right on the beach, so close to the ocean that in high tide the surf touches the base of the building and the gentle sounds of the surf put you to sleep every night.

## Yoga and Spa

This property offers a full service spa providing body treatments, massages, exfoliations and wraps, facial treatments and a salon. Yoga is taught by private lesson for \$30 per person per hour.

## Recreation

**Note:** Some activities are considered tours, and will be an additional charge



Two private beaches have over a mile of sand for walking and sunbathing. Venture along the cliffs to the Mirador for a breathtaking panorama of beach and ocean. Then explore the coastline and a sign-posted nature trail on a visit to a nearby cove where you will discover a 40-foot waterfall bursting through a cliff into the natural ocean pool below. Or, take a refreshing dip in the pool during the day or evening.

Enjoy a game of tennis during the day or evening on the illuminated courts. Or do what most other people do ... laze amid the beautiful surroundings of the spring-fed swimming pool set in a picture-perfect jungle garden of exotic plants and trees.

Sport and deep sea fishing offers constant action bringing in sailfish, marlin, dorado, tuna, wahoo and mackerel. On coastal fishing excursions boats travel in sight of Cabo Blanco Nature Reserve, with a view of one of the most beautiful nature parks and the exotic birds that inhabit it. Deep sea fishermen are attended by experienced crews who know the local waters and can locate the best fishing sites. Fishing parties frequently experience sightings of whale and dolphin in these waters.

This property has its own quality horses and stables. You can ride into the jungle, across rivers and valleys, visiting local village communities and discovering hidden jungle waterfalls. Trails also include some of the best beach horseback riding available anywhere.

Exhilarating snorkeling and scuba adventures are to be found among the reefs off nearby Tortuga Island with their intriguing rock formations festooned with myriad soft corals, sponges, anemones, featherdusters and dancing tropical fish. The Banana Express is a sunken steamboat with interesting aqua culture and lots of colorful fish! And intrepid divers thrill at deep water sightings of majestic manta rays, whales and bottlenose dolphin.

## **Cuisine**

The philosophy at here is to provide a friendly, relaxed and attentive service. Staff is carefully selected and groomed to anticipate the needs of the guests and they will do whatever possible to guarantee an unforgettable vacation. International gourmet cuisine, Costa Rican specialties are carefully prepared by master chefs.



Breakfast daily is included, and dinner is also served at the "Cristobal" Restaurant, overlooking the ocean with a casual setting. This nice restaurant is decorated with bamboo and furnished with fine Cristobal wood.

Before dinner enjoy a tropical cocktail at the Bar, or the new oceanside deck. For lunch and refreshments at the beach or poolside, the new Rancho Grill "El Pirata" throughout the day serves drinks, sandwiches, cocktails, salads and light meals of your choice.

## Vacation Package Quote

This Costa Rican Yoga Vacation package includes:

7 Nights Deluxe Double Beach Front Accommodations with Daily Breakfast  
Airport Flight Transfers from SJO to resort  
All Ground Transfers  
Hotel Taxes

**Private Yoga @ \$30 per hour, must be scheduled in advance**

### Not Included

Alcoholic beverages, meals other than breakfast, travel Insurance, overweight baggage fees to airlines, additional sightseeing, spa treatments, ground transfers for personal excursions or activities, golf fees, items of personal nature such as laundry, long distance phone calls, and departure taxes of \$26 USD.

<b>Double Rate with Inclusions:</b>	<b>\$1669 pp</b>
<b>Roundtrip Ground and Flight Transfers</b>	<b>Included</b>

**Private Yoga @ \$30 per hour, must be scheduled in advance**

<b>Total Vacation Price</b>	<b>\$1669 pp</b>
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If you have any questions, or would like to discuss details for booking this trip, please contact Melinda Johnston at [mj@luxworldtravel.com](mailto:mj@luxworldtravel.com) or by calling toll free: **1.866.269.2659**.



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