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Costa Rican Holiday

Personal Quote Request

Proposed Travel Dates: Month/Date, 2010/ 11 Days



Overview

This vacation is designed to allow you the opportunity to experience the rich culture and artistic flair of the capital, San Jose, yet also take you to the amazing beach life of Nosara where you can take on eco-tours and adventure, and embrace your spiritual side through yoga, hiking, bird-watching and various other programs bringing you balance and rejuvenation. Both recommended properties in Nosara allow you the opportunity to learn surfing, rent boards, take classes, and develop your skill on your own.

You will fly into San Jose, be met by a private guide and transferred to a nearby overnight hotel. The next day you will be met again, transferred to the Nature Air Terminal and then take a short flight to Nosara. Here you will stay for the next several days at a resort where it is possible to walk to a pristine beach, to take in the electrifying view of horizon and beach dancing with waves, yet also at the same time...breathe in peaceful tropical forest contemplations while walking through quiet bamboo corridors.

Nature surrounds you here, so make sure not to miss a horseback ride through rivers, jungle paths, or on the beaches, or take on other activities such as biking, swimming, kayaking, hiking, canopying, taking pictures, bird watching and wildlife viewing which are all waiting for you.

The next part of your journey continues on the beaches of Nosara, where you will now stay at Hotel Harmony, the area's finest property for a yoga and surf adventure. During your stay at The Harmony Hotel you will play hard, relax deeply and get in tune with your natural rhythms. To that end, the Healing Centre has been designed as a place of restoration, nurturing and peace. They offer massage, yoga, meditation and a contemplative, supportive environment in which to embrace life – and your own healing - anew. Set up single sessions to soothe the body after physical exertion or to nurture a mind-set that is calming and embracing of the present.

This Costa Rican Adventure places you on one of the best beaches in the world, while staying in two different resorts that specialize in blending the heartbeat of raw nature, with your own rhythm...creating an unparalleled communion with Nature and Self.

Pura Vida.

Day-by-Day Itinerary

Day One

Fly into **San Jose (SJO)**, Costa Rica

Met at airport by Nature Vacations and Canatur Representative, receive all info and vouchers

Transfer to hotel (approx 20 minutes)

Stay at **Hotel Casa Roland** (deluxe)

Charming Casa Roland, one of San Jose finest boutique hotels, is centrally located in the neighbourhood of Pavas, on the west side of San Jose. Close to the United States Embassy yet away from the congestion of downtown. Casa Roland offers you luxury accommodations. All have been decorated with exquisite taste, featuring a large collection of fine art and sculpture by Costa Rican artists. All rooms have queen size beds, mini fridge, direct TV, private bathrooms with hot water, air conditioning and fans. All in a comfortable environment that will make you feel at home. In addition to the 18 deluxe rooms, you can choose our "Executive Suite" equipped with all that any up-to-date businessman or woman might need to accomplish their tasks in style and comfort, all of them with breakfast included. Beyond this, the Hotel Lobby has a full bar, high-speed Internet and computers with laser printer available 24 hours. Also, we offer 2 Luxury suites that are like small homes, called "Robert Suite" and "Roland Suite" with 3 rooms, with queen sized beds, full baths and air conditioning. The Suites each have living room, dining room, fully equipped kitchen and wash room with washing machine.

Day Two

Transfer from hotel to air strip (approx 15 minutes)

Fly **Carbon Neutral** with our airline, to **Nosara** via Punta Islita

Arrive in Nosara at **10:35am**

Transfer to hotel (approx 20 minutes)

Stay at **L'Acqua Viva Resort & Spa** (deluxe)

L'Acqua Viva Resort & Spa is nestled in Playa Guiones in a nature lover's community to offer a delightful environment to satisfy our guests in balance with the creative energies of nature. Our resort releases your mind while walking to your suite, smelling exotic plants and flowers, observing beautiful birds all combined with the charming sound of water flowing through your mind. Take a one kilometer walk, day or night, to the fine white sand beach. The Hotel shows a very authentic architectonic "Bali Style", which harmonizes with an exclusive decoration representing the fusion of diverse ethnic elements from around the world, creating a high end and comfortable atmosphere for enjoying the tropics. All spaces of the hotel will surprise the guests with

carefully chosen art masterpieces, belonging to a private collection that includes the sculpture "Sophia" made by the famous master Jorge Jimenez Deredia.

The Hotel is surrounded by an impressive tropical forest that belongs to the Nosara Civic Association, and it only takes a 15 minutes drive to Ostional National Wildlife Refuge which is one of the few privileged areas in Costa Rica where the Olive Ridley Sea Turtles, Leatherback and Pacific Green turtles lay their eggs. Turtles nest at Ostional all year round, but the arriving periods are more common from July through December where you can have one of the most beautiful opportunities to be in touch with Mother Nature.

Day Three

Spend these enjoying Nosara!

Stay at L'Acqua Viva Resort & Spa (deluxe)

Day Four

Move to Harmony Hotel (take a taxi)

Stay at harmony Hotel **booked thru LUX World Travel**

Check into Harmony Hotel (Cocos Room - 3 nights).

Because surfing, yoga and the idea of staying in a more untouched and beautiful beach area of Costa Rica appeals to you, then the Harmony Hotel is the ideal place to make your home base while doing so. All distractions not involved with Mother Nature have been removed so guests can unwind and take a break from things like television and harsh chemicals. The open air restaurant at the Harmony seats 40 guests in a stylish but casual atmosphere that draws upon 70's surf culture, Brazilian Modernism, and old school tropical resorts.

Taking its cue from a harmonious way of living, the kitchen cooks up local organic seafood, fruits, and vegetables. This means a menu of options flavored by the exotic likes of wild ginger, taro, banana, plantains, mango, coconut and of course, black beans and rice. Only footsteps away from the ocean, the Harmony is blessed with one of the best locations in town! Nosara is a wonderful option for those wanting the off the beaten track feel and the Harmony Hotel is a very welcome addition.

Day Five-Nine

Spend these enjoying Nosara!

Stay at harmony Hotel **booked thru LUX World Travel**

The Harmony is a stone's throw from the best break on Playa Guiones, home to the best surf in Nosara and for that matter, some of the most consistent year-round waves in the world. Rent boards from the hot l or arrange some lessons each morning!

Yoga classes are held everyday at 8AM, 10AM and 6PM, for all levels, from beginners to advanced, as well as the "Surfer's Tune Up", designed specifically for your surfing muscles. Learn to take excellent care of your body so that you can better hit the surf.

Day Ten

Transfer to Nosara Airstrip (approx 20 minutes)

Fly **Carbon Neutral** with our airline, to **San Jose**

Arrive in San Jose at **3:40pm**

Transfer to hotel (approx 15 minutes)

Stay at the Beacon (deluxe)

The Beacon Escazú is nestled on the hillsides overlooking Costa Rica's mountainous terrains. It was designed in the Spanish colonial style that characterizes the town of Escazú, while also incorporating a modern touch and evoking a sense of rest and relaxation. A luxury boutique hotel, the property features something for everyone, while promising 5-star service. There is a full service restaurant, bar, wine cellar, cigar room, and lounge area. Additionally, guests can relax at the onsite spa or the terrace overlooking the lush gardens. Business travelers can stay connected using our full service business center and meeting facilities. Meanwhile leisure and eco-tourism travelers can go on adventures that delve into the rich culture and bio-diversity that Costa Rica has to offer.

Day Eleven

Transfer to **SJO Airport** (approx 20 minutes)

End of Services

Fly Home (When exiting CR, must pay \$26 airport exit tax per person. You must pay this tax inside the airport terminal BEFORE checking in with your airline. Colones, US dollars, and Visa Credit Cards are accepted.)

Land Package Includes

Private Meet and Greet Services throughout
All air and private ground transfers
1 Night at **Hotel Casa Roland**
5 Nights at **L'Acqua Viva Resort & Spa**
3 Nights at **Harmony Hotel: 4 Nights in Cocos Room**
1 Night at **Beacon Escazú**
Daily Breakfast
2 Included Yoga Classes

Estimated Land Package Pricing

with Single Supplement from

\$3033.00

To Book your Costa Rican Vacation, please send an email or confirmation of approval. We will then forward you all payment details with cancellation policies to you for your review, along with an invoice that you may pay online, or contact us directly to take the charge by phone.

To Hold this reservation, a deposit of **\$0000.00** will be required, and unfortunately will be non-refundable. We highly recommend travel insurance to protect your vacation investment.

Payment procedures: We prefer to use safe and secure credit card transactions through Paypal online Invoices. Upon acceptance of this presented itinerary, we will forward you an invoice for the amount of \$0000.00

The final payment for this vacation will be due Month/ Date, 2010. The final payment of **\$000.00** will also be non-refundable as properties in Costa Rica are small, and depend on full payment for their operations to thrive. We will contact you directly for payment information by Month / Date, 2010.

We will be happy to quote you travel insurance prices for both land and air which will allow you to protect your vacation investment.

Contact Melinda Johnston at: mj@luxworldtravel.com to tailor this itinerary in any way, or to adjust for other preferred travel dates.

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Travel for the Journey Inside You

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